

Mouthguards

- New for 2004-2005
 - All players, including goalies, require mouthguards
- Exception
 - Doctor's certificate must be provided **BEFORE THE GAME** to the referee.

How Do I Call It?

- Not wearing a mouthguard
 - Misconduct
- Wearing one improperly during play
 - 1 warning to team, Misconduct if it occurs again
- Is it a delayed penalty?
 - NO. If ref is 100% certain.
 - If not, wait until a stoppage to confirm, then assess the penalty
 - Do not put the penalty on delay (I.e.: Arm in the air)